



# Best Doctors<sup>®</sup>

A Benefit of Trustmark Critical Illness and Critical HealthEvents<sup>®</sup> Insurance



## What does peace of mind mean to you?

Trustmark Critical Illness and Critical HealthEvents insurance policies offer strong protection against the financial impact of critical illnesses - but that's not all. If you have one of these policies, you automatically have access to **Best Doctors<sup>®</sup>** at no extra cost to you! You and your covered family members can:

- Have the nation's top expert physicians work with you on any medical question or condition you may have.
- Confirm that your diagnosis is correct or get a second opinion
- Ask questions to better understand your treatment options
- Find a highly skilled specialist for any condition
- Know that the treatments you're paying for are right for your situation

**Note:** If you have access to Best Doctors, you can also use it for your **spouse, children and dependent grandchildren** at no extra cost!

**"It's knowing I'm getting the best possible medical care."**



**NOTE:** If you have the Caregiver Rider with Critical HealthEvents, you can also use Best Doctors on behalf of a family member you are caring for.



### Need expert medical advice? It's easy:

1. Log on to [bestdoctors.com/Trustmark](https://bestdoctors.com/Trustmark) or call us toll-free at 866-904-0910
2. Discuss your concerns in a comprehensive interview with a medical professional
3. Sign a release so they can access your medical data
4. Get a confidential report and review it with your Best Doctors clinician

Remember, this valuable benefit is **FREE** for Trustmark Critical Illness and Critical HealthEvents policy-holders, so take advantage! Log on to [bestdoctors.com/Trustmark](https://bestdoctors.com/Trustmark) or call toll-free at 866-904-0910

Voluntary Benefits

**Trustmark<sup>®</sup>**  
benefits beyond benefits

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## Five ways Best Doctors can help Trustmark policyholders and covered family members:

- 1. FindBestDoc<sup>®</sup>**  
When you need a doctor or specialist, start with the Best Doctors in America<sup>®</sup> - a database of over 50,000 of the world's top physicians.
- 2. Expert Second Opinion**  
Confirm your diagnosis or treatment plan. Use Best Doctors for any medical condition - not just a critical illness.
- 3. Critical Care Support**  
If you're admitted to the hospital with an acute illness, trauma or emergency, Best Doctors immediately gets experts involved and works with your local treatment team. It's like having your own personal medical concierge.
- 4. Ask the Expert<sup>™</sup>**  
When you have a question about symptoms, medical conditions or treatment options, an expert takes the time to listen and respond to your concerns.
- 5. Medical Records eSummary<sup>™</sup>**  
When you need your medical records, Best Doctors collects and organizes them and creates a Health Alert Summary for you on a USB drive or secure digital file.

## Your Best Doctors membership connects you to better care.

A second set of eyes is always beneficial, and most doctors find value in additional information and confirmation of treatments. In fact, a Best Doctors analysis uncovered the following rates of misguided care in medical cases.



Wrong treatments  
**72%** of the time



Surgery inappropriately recommended in **38%** of surgical cases



Insufficient medical work-ups reported in **31%** of cases



Misinterpretation of pathology or diagnostic tests in **23%** of cases of cases

**You care.  
We listen.**

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