TELADOC®

Coronavirus (COVID-19)
Frequently Asked Questions

What are symptoms of coronavirus (COVID-19)?

The most common symptoms are fever, cough, and shortness of breath. Symptoms typically appear within two to 14 days after exposure.

How severe is it?

Many cases seem to be mild. But the elderly and those with pre-existing conditions (like heart and lung diseases or diabetes) are especially vulnerable.

How is COVID-19 spread?

The virus is spread from person to person by droplets from coughing and sneezing. You may be at greater risk if you have recently lived in or traveled to regions where there are current outbreaks or if you come into contact with someone who has the virus.

How do I protect myself and my family?

Basic measures to stay healthy and reduce the risk of spread include washing your hands frequently—for at least 20 seconds, maintaining social distance, and avoid touching eyes, nose, and mouth. Stay at home if you begin to feel unwell, even with mild symptoms.

What should I do if I think I have COVID-19?

Seek medical support. You should call ahead before you go to a doctor's office or emergency room. Our providers can evaluate your risk and advise you on next steps.

How can I get tested for COVID-19?

Your provider will determine if you should be tested or not based on your symptoms, exposure to someone who has been confirmed with COVID-19, or if you have recently traveled to affected regions or live in regions where it's prevalent.

Currently, COVID-19 testing continues to be limited and is being prioritized for the most vulnerable individuals with symptoms, those sick in the hospital with severe illnness, and healthcare workers/first responders. We are not able to write lab orders for COVID-19 testing at this time.

Learn more at Teladoc.com/Coronavirus