

For Claims Customer Service:

Phone: (877) 201-9373 x45708

For Claims Submission: B Fax: (508) 853-2757 Email: DICIClaims VB@trustmarkbenefits.com

Instructions for Claim Submission

Please be sure to review the requirements noted below for claim submission and ensure your submission is complete to avoid any delays on your claim.

Please keep a copy of all parts of this form and any supporting documentation for your records.

The Policy Owner is responsible for completion of all portions of this form without expense to Trustmark Insurance Company.

This is not a guarantee of payment. Benefits will be determined based on your policy provisions.

Supporting Documentation

Required: Be sure to include any information that you feel will assist us in evaluating this claim.

• If Power of Attorney, Guardian or Conservator is in place, please attach a copy of the document granting authority.

Claim Form

Required: Be sure to fully complete the following required portions of the claim form. **Incomplete or illegible answers may result in delay of benefits.**

- Section A, B & C To be completed by Policy Owner. Complete these sections in full and return for
- review of benefits.

 PAA Authorization To be completed by Patient (or Reliew Owner if Rationt is under 18 or legally.
- HIPAA Authorization To be completed by <u>Patient</u> (or Policy Owner, if Patient is under 18 or legally incapacitated.) Be sure to sign and date this section of the form, including DOB & last 4 digits of SSN where indicated.
- **Claim Submission Signature** To be completed by <u>Policy Owner</u>. Be sure to sign and date this section of the form.
- Attending Physician Statement To be completed by the <u>Physician</u> primarily responsible for the patient's care. Please be sure that all dates of treatment are indicated in this section and that the physician signs and dates the form.

Optional: These sections of the claim form are not required but completing them will provide better and faster communication with you or anyone you designate.

- Consent for Use of Electronic Communication To be completed by <u>Policy Owner</u>. Complete if you would like claim communication by text or email, including text alerts for any payments released.
- Third Party Communication Authorization To be completed by <u>Policy Owner & Patient</u>. Complete if you would like to authorize Trustmark to release information on your claim(s) to a third party such as a spouse, friend or agent.

Informational: These sections of the claim form provide important information about your rights and the laws in each state.

- E-Sign Disclosure and Consent Notice Attached for your information.
- State Required Fraud Language Attached for your information.

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Section A – Policy Owne	r Information (To be comp	olete by the Policy	Owner) Policy,	/Certificate	#:	
Name:	DC	OB:	SSN:_			
Address:						
Street		City		State	Zip Code	
Phone #	Home Cell	Work E-Mail A	Address:			
Employee of Trustmark Cor	npanies? 🗆 Yes 🗅 No	o Languag	e Preference	■ English	□ Spanish	
Section B – Claim Inform	ation (To be completed b	y the Policy Owr	ner)			
Patient's Name:		DOB:		SSN:		
Address:						
If Different From Policy Owner Are Patient's restrictions du		rv ora∏Sickn	See			
What is Patient's diagnosis	•	•				
Has Patient ever had a sim	ilar illness? ☐ Yes ☐ No	If yes, date(s	s)			
□ Bathing – the ability to we getting into and out of the □ Dressing – the ability to precessary braces or artifici □ Toileting – the ability to go hygiene with or without the □ Transferring – the ability the equipment; mobility, the all the assistance of equipment □ Eating – the ability to get available to one with or without incontinence, the ability to When did at least 2 of the I	tub or shower with or with one tout on, take off, and sect al limbs. get to and from the toilette assistance of equipment to move in and out of be billity to walk or wheel one on the tour ishment into the bottout the assistance of end to voluntarily maintain a maintain a reasonable	thout the assist- ure all necessant, get on or off that. ed, chair, or what a level surface ody by any measurignment. ontrol of bowe level of person	ance of equipality and appropriate toilet, and neelchair with the from one rocans once it has all and/or blade all hygiene.	ment. priate items of perform assor without the perform to anothers been prepared or function	of clothing and any ociated personal ne assistance of er with or without pared and made or in the event of	
Date of first treatment by o	physician for this condit	ion				
Please provide the Name 8	& Address of physicians o	or hospital who	are or have tr	eated this c	ondition:	
Physician Name		Address				
Hospital Name		Address				
If hospitalized, provide dat	es and name of hospital	:				
Dates Confined	to Ho	ospital				
Dates Confined	to H	Hospital				

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Section C - Information Pertaining to Premiums (To be complete by the Policy Owner)

In order to prevent the loss of your insurance coverage and to allow payment of benefits due, it is necessary to have any premiums due paid appropriately.

For the coverage under which benefits claimed:

If premium is more than 30-days behind your claimed date of loss, past due premiums will be deducted from any benefits paid.

For any other coverage through Trustmark:

As a service to you, we can withhold premiums for your benefits for any other insurance coverage you may have through Trustmark for as long as you are receiving payments. Please indicate below which you would prefer regarding your premium payments (please note that this service is not available if premium is paid via payroll deduct on a pre-tax basis):

Yes – please maintain my Trustmark coverage(s) in force by withholding premiums while I am receiving
benefit payments.

□ **No** – I will make the payment myself, as needed, to maintain coverage(s).

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E-Sign Disclosure and Consent Notice

This E-Sign Disclosure and Consent Notice ("Notice") applies to all communications, as defined below, for services provided by Trustmark Companies and our affiliates ("Trustmark" or "We"). Under this Notice, communications you receive in electronic form from us will be considered "in writing."

By using Trustmark electronic and online services ("Electronic Services"), you acknowledge that your electronic signature is legally binding and shall be treated as a valid signature for all purposes.

In addition, by using Trustmark Electronic Services you consent to the entirety of this Notice and affirm that you have access to the hardware and software requirements identified below. You must review and accept the terms of these services. If you choose not to consent to this Notice or you withdraw your consent, you will be restricted from using Electronic Services.

COVERED COMMUNICATIONS

Includes, but is not limited to disclosures or communications we provide to you regarding our services such as: (i) claim submissions, third party authorizations, overpayment authorizations, fraud notices, terms and conditions, privacy statements or notices and any changes thereto; and (ii) customer service communications (such as claims of error communications) ("Communications").

METHODS OF PROVIDING COMMUNICATIONS

We may provide Communications to you by email or by making them accessible on the Trustmark websites, mobile applications, or mobile websites (including via "hyperlinks" provided online and in e-mails). Communications will be provided online and viewable using browser software or PDF files.

HARDWARE AND SOFTWARE REQUIREMENTS

To access and retain electronic Communications, you must have:

- A valid email address;
- A computer, mobile, tablet or similar device with internet access and current browser software and computer software that is capable of receiving, accessing, displaying, and either printing or storing Communications received from us in electronic form;
- Sufficient storage space to save Communications (whether presented online, in e-mails or PDF) or the ability to print Communications.

We may request that you respond to an email to demonstrate you are able to receive these Communications.

HOW TO WITHDRAW YOUR CONSENT

You may withdraw your consent to receive Communications under this Notice by writing to us at "Attn: E-Sign Disclosure and Consent Notice, 100 North Pkwy, Worcester, MA 01605." Your withdrawal of consent will cancel your agreement to receive electronic Communications, and therefore, your ability to use our Electronic Services.

REQUESTING PAPER COPIES OF ELECTRONIC COMMUNICATIONS

You may request a paper copy of any Communications; we will mail you a copy via U.S. Mail. To request a paper copy, contact us by writing to "Attn: E-Sign Disclosure and Consent Notice, 100 North Pkwy, Worcester, MA 01605." Please provide your current mailing address so we can process this request. Trustmark may charge you a reasonable fee for this service.

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UPDATING YOUR CONTACT INFORMATION

It is your responsibility to keep your primary email address current so that Trustmark can communicate with you electronically. You understand and agree that if Trustmark sends you a Communication but you do not receive it because your primary email address on file is incorrect, out of date, blocked by your service provider, or you are otherwise unable to receive electronic Communications, Trustmark will be deemed to have provided the Communication to you; however, we may deem your account inactive. You may not be able to transact using our Online Services until we receive a valid, working primary email address from you.

If you use a spam filter or similar software that blocks or re-routes emails from senders not listed in your email address book, we recommend that you add Trustmark to your email address book so that you can receive Communications by e-mail.

You can update your primary email address or other information by writing to us at "Attn: E-Sign Disclosure and Consent Notice, 100 North Pkwy, Worcester, MA 01605.

FEDERAL LAW

You acknowledge and agree that your consent to electronic Communications is being provided in connection with a transaction affecting interstate commerce that is subject to the federal Electronic Signatures in Global and National Commerce Act, and that you and we both intend that the Act apply to the fullest extent possible to validate our ability to conduct business with you by electronic means.

TERMINATION/ CHANGES

We reserve the right, in our sole discretion, to discontinue the provision of your Communications, or to terminate or change the terms and conditions on which we provide Communications. We will provide you with notice of any such termination or change as required by law.

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State Required Fraud Warnings

Fraud Statement for the states of Alaska, Delaware, Indiana, Kentucky, Minnesota, Ohio, and Oklahoma, as well as for all States not Specifically Listed: Any person who knowingly and with intent to defraud an insurer files a statement of claim containing false, incomplete or misleading information may be guilty of insurance fraud, which is a crime."

Fraud Statement for the state of Arizona: For your protection, Arizona law requires the following statement on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

Fraud Statement for the states of Arkansas, Louisiana, New Mexico, Rhode Island, Texas and West Virginia: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Fraud Statement for the state of California: For your protection, California law requires the following to appear: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Fraud Statement for the state of Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Fraud Statement for the District of Columbia, and the states of Maine, Tennessee, Virginia and Washington: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

Fraud Statement for the state of Florida: Any person who knowingly and with intent to injure, defraud or deceive any insurer, files a statement of claim or an application containing any false, incomplete or misleading information is guilty of a felony of the third degree.

Fraud Statement for the state of Kentucky: A person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Fraud Statement for the state of Maryland: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Fraud Statement for the state of New Hampshire: A person who knowingly and with intent to injure, defraud or deceive an insurance company, files a claim containing false, incomplete or misleading information may be prosecuted under state law.

Fraud Statement for the state of New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Fraud Statement for the state of Oregon: Any person who knowingly and with intent to defraud an insurer files a statement of claim containing materially false or misleading information may be guilty of insurance fraud.

Fraud Statement for the state of Pennsylvania: Any person who knowingly and with intent to defraud any insurance company or other person files any application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

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Signature of Guardian or

Personal Representative of Patient

Critical HealthEvents® Additional Sickness – Standard Activities Claim

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Date of Guardian's/Personal

Representative's Signature

A copy of this completed, signed and dated form must be given to the Individual or other signature

Description of Authority to Act

for the Individual



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Consent for Use of Electronic Communications

(EMAIL, SMS/MMS TEXT MESSAGING)

To ensure the best and fastest communication, we would like to communicate with you using either email or text messaging. Please complete this section if we may communicate with you electronically, concerning your claim, benefits, policy, premium or condition.

Policy Owner Signature	Do	ite
Authorization I can revoke or update this authorization at any time This authorization is valid for 24 months. I may requestion original.		ation and a copy is as valid as the
Should you prefer to submit your claims or claims in the following address: Trustmark Insurance P.O. B		er than email or fax, please use
To ensure a smooth email experience, please be supposed to the supposed listing. If you don't see server or spam filter approved listing. If you don't see spam, clutter, junk or bulk email folder. You can charevoking this authorization. If you no longer wish to you via US mail. If you require copies of any comma contact us. There is no cost to you to obtain copies	to your address book cont ee email from us in your em loose to stop electronic co communicate via electror unication sent to you by en	tact list and add us to your email nail inbox, be sure to check your mmunication at any time by nic means we will correspond with mail/text in paper form, please
I understand that by selecting text messaging, regulation from Trustmark and I assume responsibility for any of the community in a strength of the communit	costs associated with these	
If you chose to communicate with us electronically secure unless it is encrypted. We strongly encourage sensitive and/or confidential information. By sending encrypted, you accept the risks of such lack of secommunicate from your workplace computer, you have access to electronic communication between	ge you to use encrypted co ng sensitive or confidential curity and possible lack of c u should also be aware tha	ommunication when sending electronic messages that are not confidentiality. If you elect to
☐ Yes, by Email Please provide email address:		@
NoYes, by Text Messages - Please provide cell phor	ne #: ()	
May we communicate with you electronically?		

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Third Party Communication Authorization

Please complete this authorization if you would like us to discuss, to release, or to provide information to a third party regarding any policy and/or claim for benefits under your policy. Note: Policy Owner and Claimant (if appropriate) must give permission for disclosure of their information to each other, if applicable.

	··
Policy Owner Name:	
Claimant Name:	
Policy Number(s):	
Name & Relationship of Third Party Represen	tative:
$\scriptstyle\square$ All information (all policy and claim	information)
$\scriptstyle\square$ Only the following information*:	
Name & Relationship of Third Party Represen	tative:
$\ \square$ All information (all policy and claim	information)
□ Only the following information*:	
 All information (all policy and clain 	
My Employer: (Name of Agent) All information (all policy and clain	n information)
*Restrictions may include a restriction on certain information).	types of information (such as not sharing financial, medical or health
	and/or claim information this may include health information mune system including but not limited to HIV and AIDS, use of ition, history, or treatment.
	ay be subject to re-disclosure and might not be protected by g the privacy of health information relative to my condition.
	in writing at any time or by email to address noted above. I til my revocation or until I complete a new authorization. Any new orization and replace it.
Signature of Policy Owner	Signature of Claimant (If someone other than the Policy Owner)
Printed Name	Printed Name
Date	Date

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Claim Submission Signature

The statements made by me on this claim are true and complete. I have read and understand the fraud notices contained in this form.

If I receive benefit payments greater than those which should have been paid, I understand that I will be requested to provide a lump sum repayment to the insurance company. The insurance company has the option to reduce or eliminate future benefit payments, to the extent allowed by law, in order to recover any overpayment balance that is not returned.

Fraud Statement for the state of New York: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation

Signature of Policy Owner:	Print Name:
Date signed:	

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Attending Physician Statement (To be completed by the Attending Physician)	
PLEASE PROVIDE ANY SUPPORTING MEDICAL RECORDS RELATED TO THE BELOW Name of patient Date of birth	
Date patient 1st reported symptoms:	
Date of 1st treatment:,,,,	
Is this condition due to: an Accident □ a Sickness □?	
Did another physician refer this patient to you? Yes No If yes, please list:	
Name:	
Address:	
Patient's Condition Primary Diagnosis	
Subjective symptoms	
Based on your findings, please check ALL Standard Activities your patient is not able to perform as a result of the above diagnosis?	
□ Bathing – the ability to wash oneself in either a tub or shower, or by sponge bath; including the tasks of getting into and out of the tub or shower with or without the assistance of equipment. □ Dressing – the ability to put on, take off, and secure all necessary and appropriate items of clothing and onecessary braces or artificial limbs. □ Toileting – the ability to get to and from the toilet, get on or off the toilet, and perform associated personal hygiene with or without the assistance of equipment. □ Transferring – the ability to move in and out of bed, chair, or wheelchair with or without the assistance of equipment; mobility, the ability to walk or wheel on a level surface from one room to another with or without the assistance of equipment. □ Eating – the ability to get nourishment into the body by any means once it has been prepared and made available to one with or without the assistance of equipment. □ Continence – the ability to voluntarily maintain control of bowel and/or bladder function or in the event of incontinence, the ability to maintain a reasonable level of personal hygiene. When did these Standard Activity Limitations begin? How long are these Limitations expected to last? □ 1 mo. □ 2 mo. □ 3 mo. □ More than 3 mos. Do you believe the patient requires Professional care? Yes □ No □ If No, do you believe the patient's Spouse is able to provide care for your patient with the above checked activities of daily living? Yes □ No □ Physician's name (please print) Specialty	I
DegreeSpecialty	
Phone() Fax() Address	
SignatureDate	
Are you, the physician, related to this patient? \square Yes \square No If yes, what is the relationship?	

Best Doctors®

A Benefit of Trustmark Critical Illness and Critical HealthEvents® Insurance



What does peace of mind mean to you?

Trustmark Critical Illness and Critical HealthEvents insurance policies offer strong protection against the financial impact of critical illnesses - but that's not all. If you have one of these policies, you automatically have access to Best Doctors® at no extra cost to you! You and your covered family members can:

- Have the nation's top expert physicians work with you on any medical question or condition you may have.
- Confirm that your diagnosis is correct or get a second opinion
- Ask questions to better understand your treatment options
- Find a highly skilled specialist for any condition
- Know that the treatments you're paying for are right for your situation

Note: If you have access to Best Doctors, you can also use it for your **spouse**, **children** and **dependent grandchildren** at no extra cost!



NOTE: If you have the Caregiver Rider with Critical HealthEvents, you can also use Best Doctors on behalf of a family member you are caring for.



Need expert medical advice? It's easy:

- 1. Log on to bestdoctors.com/Trustmark or call us toll-free at 866-904-0910
- **2.** Discuss your concerns in a comprehensive interview with a medical professional
- 3. Sign a release so they can access your medical data
- 4. Get a confidential report and review it with your Best Doctors clinician

Remember, this valuable benefit is FREE for Trustmark Critical Illness and Critical HealthEvents policy-holders, so take advantage! Log on to bestdoctors.com/Trustmark or call toll-free at 866-904-0910



Best Doctors®

A Benefit of Trustmark Critical Illness and Critical HealthEvents® Insurance

Best Doctors is FREE to you with Trustmark Critical Illness or Critical HealthEvents®.

Log on to bestdoctors.com/Trustmark or call toll-free at 866-904-0910

Five ways Best Doctors can help Trustmark policyholders and covered family members:

- FindBestDoc*
- When you need a doctor or specialist, start with the Best Doctors in America® a database of over 50,000 of the world's top physicians.
- Expert Second Opinion
- Confirm your diagnosis or treatment plan. Use Best Doctors for any medical condition not just a critical illness.
- Critical Care Support
- If you're admitted to the hospital with an acute illness, trauma or emergency, Best Doctors immediately gets experts involved and works with your local treatment team. It's like having your own personal medical concierge.
- Ask the Expert™
- When you have a question about symptoms, medical conditions or treatment options, an expert takes the time to listen and respond to your concerns.
- Medical Records eSummary™
- When you need your medical records, Best Doctors collects and organizes them and creates a Health Alert Summary for you on a USB drive or secure digital file.

Your Best Doctors membership connects you to better care.

A second set of eyes is always beneficial, and most doctors find value in additional information and confirmation of treatments. In fact, a Best Doctors analysis uncovered the following rates of misguided care in medical cases.



Wrong treatments **72%** of the time



Surgery inappropriately recommended in 38% of surgical cases



Insufficient medical work-ups reported in 31% of cases



Misinterpretation of pathology or diagnostic tests in 23% of cases of cases

You care. We listen.

Remember, this valuable benefit is FREE for Trustmark Critical Illness and Critical HealthEvents policyholders, so take advantage! Log on to bestdoctors.com/Trustmark or call toll-free at 866-904-0910



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